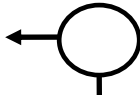


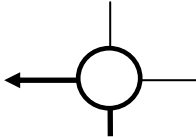
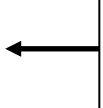
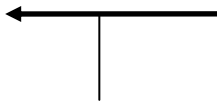
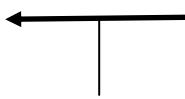
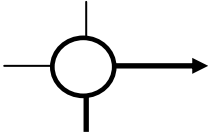
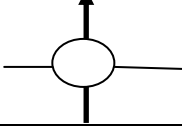
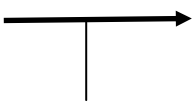
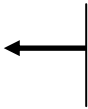
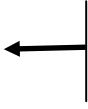


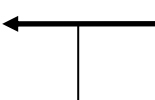


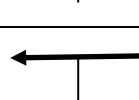

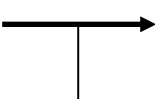
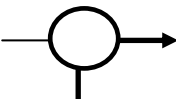



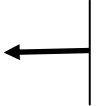
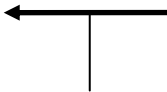
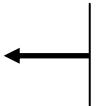


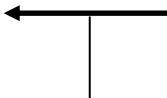
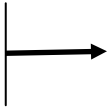




<b>May the Force be with you Run. Sunday 4<sup>th</sup> September 2016</b> Start point Wetherby Services Hosts:- Richard & Antonia Hirst. Tel 07836384787 / Radio Channel 5 (Galaxy Grey MK3 KG06ZBR)					
		Mls.	Kms.		
1	Cum	0.0	0.0		<b>ZERO TRIP AT THE ROUNDABOUT ON EXIT FROM SERVICES</b>
	Diff	0.0	0.0		<b>3<sup>rd</sup> exit SP A168</b>
2	Cum	0.6	0.9		<b>3<sup>rd</sup> exit SP&gt; A168 SP Walshford</b>
	Diff	0.6	0.9		
3	Cum	2.9	4.6		<b>2<sup>nd</sup> exit SP&gt; The North / Scotch Corner /A1M</b>
	Diff	2.3	3.7		
4	Cum	3.2	5.1		<b>1<sup>st</sup> exit SP&gt; The North / Scotch Corner</b>
	Diff	0.3	0.5		
5	Cum	10.7	17.2		<b>2<sup>nd</sup> exit SP&gt; A168 / Ripon / Dishforth</b>
	Diff	7.5	12.1		
6	Cum	11.4	18.3		<b>2<sup>nd</sup> exit SP&gt; A168 / Thirsk / Ripon</b>
	Diff	0.7	1.1		
7	Cum	13.1	21.0		<b>1<sup>st</sup> exit SP&gt; B6265 Ripon</b>
	Diff	1.7	1.7		
8	Cum	17.4	28.0		<b>3<sup>rd</sup> exit SP&gt; A61 Thirsk</b>
	Diff	4.3	7.0		
9	Cum	18.0	28.9		<b>2<sup>nd</sup> exit SP&gt; A61 Thirsk</b>
	Diff	0.6	0.9		

10	Cum Diff	18.4 0.4	29.6 0.7		1 <sup>st</sup> exit SP> A6108 Ripon / Leyburn / Masham
11	Cum Diff	18.4 0.0	29.6 0.0		Mini Roundabout 1 <sup>st</sup> exit SP> A6108 Leyburn / Masham
12	Cum Diff	18.8 0.4	30.2 0.6		Turn Right at the lights by the Clocktower SP> A6108 Masham / Leyburn
13	Cum Diff	24.2 5.4	38.9 8.7		1 <sup>st</sup> exit A6108 SP> Masham / Leyburn
14	Cum Diff	32.9 8.7	52.9 14.0		Turn Left into Jervaulx Abbey Tearooms. Cake, coffee and toilet stop 40 mins Park Together on grassed area at far side of buildings
15	Cum Diff	0.0 0.0	0.0 0.0		Turn left out of Tearooms onto A6108
16	Cum Diff	5.3 5.3	8.5 8.5		Turn Left SP> A684 Hawes
17	Cum Diff	5.6 0.3	9.0 0.5		Mini Roundabout 3 <sup>rd</sup> exit SP Richmond
18	Cum Diff	6.1 0.5	9.8 0.8		Mini Roundabout 2 <sup>nd</sup> exit
19	Cum Diff	8.2 2.1	13.1 3.3		Turn Right A6108 SP> Catterick Camp / Reeth / Richmond
20	Cum Diff	8.9 0.7	14.3 1.2		Turn Left A6108 SP> Richmond / Reeth
21	Cum Diff	12.0 3.1	19.3 5.0		Turn Left SP> Marske / Marrick / Hurst

22	Cum Diff	13.2 1.2	21.2 1.9		Turn Right SP> Whashton / Ravensworth
23	Cum Diff	15.3 2.1	24.6 3.4		Turn Left SP> Feldan Training Area / whashton
24	Cum Diff	17.9 2.6	28.8 4.2		Turn Left SP> Ravensworth
25	Cum Diff	20.5 2.6	32.9 4.1		Turn Left SP> Brough / Penrith / A66
26	Cum Diff	25.7 5.2	41.3 8.4		Turn Right SP> Bowes Museum
27	Cum Diff	27.5 1.8	44.2 2.9		Turn Left SP> Barnard Castle
28	Cum Diff	28.1 0.6	45.2 1.0		Turn Right into Bowes Museum. Photo opportunity and toilet stop 20 mins. Follow exit sign and park at far side of gardens
29	Cum Diff	0.0 0.0	0.0 0.0		ZERO TRIP at Give Way Exit
30	Cum Diff	0.3 0.3	0.4 0.4		2 <sup>nd</sup> exit SP A67 Darlington
31	Cum Diff	0.8 0.5	1.2 0.8		Turn Left SP> Middleton in Teesdale B6278
32	Cum Diff	6.3 5.5	10.1 8.9		Turn Right SP> Stanhope / B6278
33	Cum Diff	17.9 11.6	28.8 18.7		Turn Left A689 SP> Alston

		<b>Miles</b>	<b>Kms</b>		
34	Cum Diff	24.7 6.8	39.7 10.9		<b>Turn Left SP&gt; Langdon Beck Marthorpe Road</b>
35	Cum Diff	29.5 4.8	47.4 7.7		<b>Turn Left SP&gt; Langdon Beck / Middleton / B6277 / High Force</b>
36	Cum Diff	32.5 3.0	52.3 4.9		<b>Turn Left into car park just past the High Force Hotel. Car park fee £2.00</b>
37	Cum Diff	0.0 0.0	0.0 0.0		<b>ZERO TRIP AT GIVE WAY EXIT  Turn Left onto B6277</b>
38	Cum Diff	4.5 4.5	7.2 7.2		<b>Turn Right SP. B6277 / Scotch Corner</b>
39	Cum Diff	15.8 11.3	25.4 18.2		<b>Turn Left SP. Scotch Corner / A66</b>
40	Cum Diff	23.2 7.4	37.3 11.9		<b>Turn Right into Mainsgill Farm Shop where we will say our goodbyes and maybe buy a pie or two for tea.</b>
<b>Thank you all for joining us we hope you have enjoyed your day out</b>					